





Club No. 17115 District 3860, Davao City, Philippines

10th REGULAR WEEKLY MEETING

September 10, 2019, Marco Polo Hotel Davao

PROGRAMME

Call to Order PRES. PATRICK CAPILI

Turnover of Proceedings to the Master of Ceremonies PP ANTON BANZALI

> Pambansang Awit and Invocation PP VIRGILIO SOJOR

Introduction of Visiting Rotarians and Guests RTN. ARIEL CANTIL

> Community Singing RTN. PETER DIGAL

Secretary's Time SEC. DARWIN SANTOS

President's Time PRES. PATRICK CAPILI

Introduction of Guest Speaker VP JAIME SABINO

Speech MS. ERICA RASONABE- PAPICA Marketing and Sales Manager, Davao Doctors Hospital

> Open Forum Response PP OCA ESCUDERO

Giving of Certificate of Appreciation & Adjournment...... PRES. PATRICK CAPILI

BUSINESS, EDITORIAL OFFICE & ROTARY EAST DAVAO SECRETARIAT: c/o Roadway Inn, Km 4 Bajada, Davao City Cellphone # 0920-953-4196 (Shiela) Emails: eastdavao@yahoo.com diazsheila143@yahoo.com https://web.facebook.com/groups/ @Rotaryclubofeastdavao/

INVOCATION

Lord, Rotarians world-wide acknowledge your power, and your expectation that we be of service to mankind. Let us renew our obligation to fulfill that expectation, just as the return of spring renews growth in the world around us, with a new commitment to help others in our community, our nation, and our world. With the power, influence, and wealth that we as leaders in this place most certainly have, let us always remember that these are a blessing from you, and that charity is more fulfilling than decadence, and the Golden Rule a much richer yardstick than any bank account. Amen.

JAKO (ORD) OHAL

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MAKE UP CARD

Name of Rotarian

Club & Position

Make-up Date / Time:



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PRES. PATRICK S. CAPILI Club President, RY 2019-2020

A n Annual Membership Seminar has ensued last Saturday, September 7th, organized and conducted by the District and hosted by RC Downtown Davao led by its President Ethel Caceres. This event was very well attended by the various clubs here in Mindanao. All eyes and ears were set to the different speakers as the agenda was very interesting and very informative. This seminar gave us pointers in formulating strategies in retaining existing members and attracting (not recruiting) new members. They emphasized that Rotary no longer recruits but rather attracts. The open forum discussions were at times heated but ended up constructively as the Rotarians, especially officers, have been enlightened on how to handle various delicate member situations.

Assistant Regional Membership Coordinator and Past District Governor Art Tan and District Membership Committee Chair and Past District Secretary Jose Fortunato F. Uy were the main resource persons during the said activity. I thank Past Presidents Val Dionisio and Alvin Orteza for helping me represent RC East Davao.



September 7, 2019 Pres. Patrick Capili with fellow Club Presidents in Area 2C with AG Bolyn Puno attending the Membership Seminar (for Mindanao)...







ATTENDANCE REPORT Our Attendance for September 3, 2019

Present33Make Up12Absent11Percentage80





Sept. 13	Turnover of Feeding Funds
	to our 6 adopted Public Schools
	9:00am JP Rizal Elem. Schools
Sept. 14	Medical Outreach Mission,
	Brgy. Caliclic, IGACOS
	7:00am Roadway Inn (Assembly)
Sept. 17	MGEN JOSE C FAUSTINO JR AFP
	11 th Commander,
	10 th Infantry "AGILA" Division)

<u>M</u><u>MONDAY</u>

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TUESDAY WEDNESDAY

East Davao

12:00Noon

Matina

12:30p.m.

Lispher Inn

7:00p.m.

Apokon

Tagum North

Miko's Brew

Marco Polo Hotel

Calinan Davao 6:30p.m. Calinan Hway cor de Leon St.

Central Davao 6:30p.m.

Grand Menseng Hotel

Downtown Davao

Grand Menseng Hotel
South Davao

12:00noon Marco Polo Hotel

Central Panabo 6:00 p.m. Clubhouse, New Pandan

Davao 2000 6:00p.m., Happy Home Café,Torres St.

Pag-Asa Davao 6:30p.m., Lispher Inn

September Celebrants

Sept. 01 VP Jim Sabino Sept. 03 Dir. Ranz Apolinario Sept. 04 Rtn. Inday Hilario Sept. 12 Spouse Neneng Lavisores Sept. 18 Rtn. Jet Villamor Sept. 23 PDG Boy Reyes Spouse Nadeth Zantua Dir. Brian Toh Sept. 26 PDG Hermie Villano



Wedding Anniversaries

Sept. 3 Dir. Ranz Apolinario and Spouse Raquel Sept. 18 PP Boy Angeles and Spouse Adelfa Sept. 20 Dir. Hiro Kawashima and Spouse Gina Sept. 25 PP Paul Yuste & Spouse Dolly

A Register today at riconvention.org Honolulu, Hawaii, USA | 6-10 June 2020

WEDNESDAY

South Digos

Avenue One Hotel

Tagum Golden Laces

6:00p.m., Miko's Brew

7:00p.m.

Roxas Ext.

Digos

Apokon

7:00p.m.

A&B Hotel

Sta. Ana Davao 6:00 p.m. Grand Menseng Hotel

Davao 12:00Noon Royal Mandaya Hotel

THURSDAY

Tagum 11:30a.m. Papa Juhn's Pizza Rizal St.

Waling Waling Davao 12:30p.m. Grand Menseng Hotel

nseng Hotel To 7:0

Clubhouse Torres St. West Davao

North Davao

FRIDAY

6:00 p.m.

6:30p.m. Marco Polo Hotel

SATURDAY

Toril 7:00 p.m. Clubhouse Mcleod St.,







ROTARY WORLD PDG HONESTO A. CABARROGUIS Past District Governor, RI District 3860, RY 1983-84

We continue our study of the Rotary with ...

DISTRICT INCORPORATION

A district may incorporate only if its corporate documents include 11 provisions required by RI and it has fulfilled all of RI's incorporation requirements. When a district has decided it wishes to pursue incorporation, the governor should contact the district's Club and District Support representative for detailed information about Rotary's requirements.

A district may seek the approval of the Board to incorporate. At least two-thirds of the clubs in the district must approve the proposal to incorporate in a vote at a district conference or in a ballot-by-mail. In either process, each club is entitled to one vote.

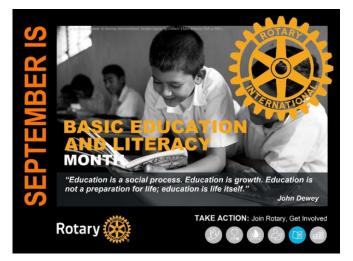
When a district is incorporated, the corporation and the former unincorporated district become one entity. The incorporated district possesses all of the powers, rights, and privileges, and must perform all of the obligations and requirements of a district under the constitution, bylaws, and policies of RI.

The corporate documents of an incorporated district must be consistent with the RI constitution, bylaws, and policies, as far as local laws permit. If any amendment to these RI documents or policies causes a district's corporate documents to be inconsistent, the district must immediately amend its corporate documents to restore consistency. District corporations must act in accordance with RI's constitution, bylaws, and policies and may not take any action inconsistent with them. The district must submit to the general secretary on behalf of the Board the corporate documents required to be submitted to the local jurisdiction in order to incorporate.

The district governor is responsible for overseeing the incorporation process. The structure of the incorporated district must facilitate the District Leadership Plan. A governor must immediately notify the Board of any dissolution or other change in the status of the district corporation.

EXTENSION TO NON-ROTARY COUNTRIES AND GEOGRAPHICAL AREAS

A non-Rotary country or geographical area is any location that currently does not have a Rotary club and is not part of a district. RI coordinates all official contact by any Rotarian with government officials in non-Rotary countries and geographical areas. Rotarians interested in extension should contact RI for more information about how to work with extension advisers. Rotarians interested in starting a Rotary club in an existing district must contact the governor of the district.







BURNING FLAME!

nce upon a time there was a piece of iron which was very strong, One after another, the ax, the saw, the hammer, and the flame tried to break it.

"I'll master it," said the ax. Its blows fell heavily on the iron, but every blow made its edge more blunt until it ceased to strike.

"Leave it to me," said the saw; and it worked backward and forward on the iron's surface until it's jagged teeth were all worn and broken. Then it fell aside.

"Ah! Said the hammer. "I knew you wouldn't succeed. "I'll show you the way." But at the first fierce blow, off flew its head and the iron remained as before.

"Shall I try?" asked the small soft flame.

"Forgot it," all replied. What can you do?

But the flame curled around the iron, embraced it, and never left the room until it melted under the flame's irresistible influence.







Our Take:

The power of the flame is like the power and influence that possesses.... If, as a club, we come together to engage our individual and collective resources..

then certainly we can change lives and show how everything /everyone in this world is connected.

SERVICE ABOVE SELF!

TRF Contribution received todate:		
<u>(RY 2019-2020)</u>		
Hiro Kawashima	\$100	
Hiro Naruse	\$100	
Fred Yelinek	\$100	
Ronnie Go	\$100	
Brian Toh	\$100	
DDC Totoy Cabarr	oguis DE0 000	
Rotary	Foundation	
Doing Good In The World 🔯 🕷 🃷 🛶		







Top 25 Beauty Tips for Women

1. Cleanse, tone, and moisturize your skin routinely twice a day, morning and evening with skin care products suitable for your skin type.

2. Make sure your skin is makeup free and clean before hitting the bed so that your skin can breathe while you are sleeping.

3. Refrigerate your face mask and face scrub for 15 minutes before use. Your skin would feel instantly fresh.

4. To remove tan, in a bit of cucumber juice, add a few drops of lemon and apply on the face with the help of cotton. Wash off after 20 minutes.

5. To get rid of dark circles, cut a raw potato in slices and apply it directly on the eyes and relax.6. Take the juice out of grated potato and apply it on the skin, keep it on for 30 minutes to lighten and brighten skin tone.

7. While going out, use sun protection factor of at least 30.8. Use a mild facewash instead of harsh soaps on your face to keep the ph balance of the skin.

9. Get a facial clean up done once in a month.

10. Mix oatmeal with warm water and apply it directly on the face. Rinse off after 20 minutes. This mask will tighten up the facial skin and also has a calming effect on the skin.

11. Mash a few strawberries and rub them on your teeth. Do this regularly for pearly white teeth.

12. Always use lukewarm water to wash your hair.

13. Apply body lotion right after the shower, this way, you would be able to lock in moisture into the skin.

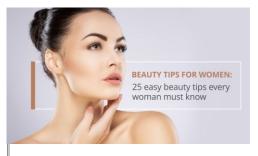
14. Exfoliate your skin once a week. This way, you would be able to clear off dead skin cells.

15. Include lots of leafy and green vegetables and fruits in your diet, to help in the detoxification process.

16. For soft and pink lips, apply clarified butter or ghee on your lips before hitting the bed.

17. Use a mixture of saffron, yogurt, and besan to brighten and lighten your skin.

18. For soft lips, apply a bit of Vaseline on your lips and then



use a toothbrush to massage the lips to exfoliate.

19. The best time to shave your legs is right after you had the shower, to avoid nicks and cuts.

20. Use a white eye pencil on your waterline to make your eyes appear wider and bigger.

21. If you have dry skin, use Pond's cold cream to remove makeup.

22. Women with oily and sensitive skin should pick up alcohol-free toners and skin care products.

23. For Asian beauties, grooming eyebrows with brown eye pencil looks much natural than with a black one.

24. Massaging the face with ice cubes prior to makeup will help your makeup last longer.

25. Apply mascara on both the upper and lower lashes to get that "wide awake" look.

Source: Posted by: Mai C in Beauty Tips (makeupandbeauty.com)







HILIP N. TAN

Rotary

September 3, 2019 For our 9th regular luncheon meeting new Rotarian Philip "Sonny" Dizon rendered his Classification Talk...



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SPEAKERS PROFILE

MS. ERIAN RASONABE-PAPICA

Marketing and Sales Manager Davao Doctors Hospital



PERSONAL DATA: Age: 40 Birthday: April 5, 1979 Contact Information

- Mobile: 0998-580-8450
- Office: 222-8000 local 1271
- Email: erpapica@ddh.com.ph

WORK EXPERIENCES:

Davao Doctors Hospital, Inc.

- Marketing and Sales Manager, 2017-present
- Business Development Officer, 2014-2017

Metro Drug Inc., Philippines / MegaLifesciences

Area Business Manager, 2011-2014

Getz Pharma, Philippines

• District Sales Manager, 2007 - 2009

Pascual Pharma Corp. / Altermed

• Territory Business Manager, 2006- 2007

Integrated Sales Innovator Philippines

- Territory Sales Manager, 2003-2006 Government Service Insurance System (GSIS)
- Job Order Employee, 2001-2003

Jack's Ridge Resort and Restaurant

• Sales and Banquet Supervisor, 2000-2001

EDUCATONAL BACKGROUND

Ateneo de Davao University - Graduate School (earned MBA Units)

Ateneo de Davao University (BSC- Management Accounting) 2001

Passed, Civil Service Examination

Educate on Protecting Your Water Sources

World Polio Day, October 24th was establish by Rotary International to commemorate the birth of Jonas Salk, who led the team that developed the polio vaccine.

The Polio virus is often spread through contaminated drinking water, so WASHRAG is holding a competition to encourage clubs to recognize projects that are Most Impactful or Most Innovative in regards to improving the quality of water and/or awareness in your community. Use your imagination to find ways to educate your community on the importance of protecting its water sources. For more details go to: World Polio Day Competition

Submit brief description of your project, by Dec. 1, 2019 to Info@wasrag.org

















"Fellowship Night of Music and Laughter"

A Musical Show for the benefit of Rotary International End Polio Program and Our Lady of Victory Training Center

Featuring **Ms. Giselle Sanchez** Actress Comedian Singer Extraordinaire

This show is brought to you by: **ROTARY CLUB OF EAST DAVAO** and **PHINMA Property Holdings Corporation**

October 15, 2019, 6:00 PM Arezzo Place Davao Clubhouse Dona Pilar Avenue, Brgy. Pampanga, Davao City



Rotary

Ajero, Antonio M. Journalism Spouse:



Bernas, Constancio Lending Services Spouse: Anggie



Cantil, Ariel L. Engineering Spouse: April



Fortich, Jesse A. Equipment Leasing Spouse: Naty



Lim, Winston C. Materials Handling Services Spouse: Donna



Nierra, Manuel R. Equipment Part and Services Spouse: Metah



Alquiza, Apollo R. Unibanking Services Spouse: Mila



Cabarroguis, Honesto A. Civil Law Spouse: Clara



Deyto, Jude D. Real Estate Leasing Spouse: Mimi



Go, Ronald C. Car Rentals



Luga, Rossano C. Light and Power Dist. Spouse: Jojo



Ng, Dexter L. Govt'. Srvc. Taxation Spouse: Marnie

Angeles, Pedrito C. Bank Receivership Spouse: Adelfa



Cabrera, Dominador O. AE-Medicine Gynecology Spouse: Rose



Digal, Paul Peter R. Architecture



Gaerlan, Manuel R, Military : Police Admin



Luy Tan, William Agency: Non-Life Insurance Spouse: Esther



Orteza, Alvin B. Meat Processing Spouse: Enday



ROSTER OF MEMBERS

Apolinario, Raphael E. Non-Life Insurance Spouse: Raquel



Canes, Cheldone I. General Merchandise Dist. Spouse: Lilian



Dionisio, Valentino L. Truck Dealership Spouse: Cris



Hayag, Sol T. Construction Spouse: Flor



Mabagos, Michael A. Construction



Paras, Vito Oscar P. Mat'l. Handling Equipment Spouse: Rita



Bangayan, Ruben A. Appliance Distribution Spouse: Cathy



Capili, Patrick S. Real Estate Development



Evans, David Samuel Chartered Quantity Surveyor Spouse: Elsa



Kawashima, Hiroyuki Medical Equipment Dist. Spouse: Gina



Miyake, Ichido Computer IT Consultancy Spouse: Princess



Pinpin, Alvin M. Accounting Services Spouse: Sandra



Banzali, Anthony P. Civil Law Spouse: Jam



Carrillo, Dominador P. Ligitation Law Spouse: Vivian



Escudero, Oscar M. Jr. Medical - Urology Spouse: Sharon



Lavisores, Roland Non-Life Insurance Spouse: Neneng



Miyake, Hikaru S. Vegestable Export



Reta, Karl Michael G. Estate Administration Spouse: Pinky

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Rotarv

Dizon, Philip S. Farming, Estate Devt. & Energy Generation



Santos, Darwin T. **Engineering Construction**

We need more

#Rotarians

Rotary 🙋



Real, Francis Rene L. Universal Banking Spouse: Ndang



Sancho, Edgardo R. Real Estate Leasing Spouse: Flor



Taganas, Richard B. Dentistry



Villano, Herminio A. Hospital Administration Spouse: Auring



Reyes, Reynaldo I. Rural Banking Spouse: Alice



Sojor, Virgilio S. Banana Growing Spouse: Lodi



Tan, Prudencio C., Jr. Structural Engineering Spouse: Bodeth



Yelinek, Fred Housing Construction Spouse: Lily



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Reyes, Rodel Riezl S.j. Heavy Equipment Leasing Spouse: Anne



Sumikawa, Takeyoshi Marine Eng'g. Consultancy Spouse: Yukiko



Toh, Brian U. Industrial Gases Dist. Spouse: Mimi



Yuste, Paul John C. Tire and Batteries Dist. Spouse: Dolly



Sabino, Jaime S. Life & Non-Life Insurance Spouse: Carmen



Sy, Kenneth L. Office Equipment Dist. Spouse: Yan Yan



Villamor, Jesito V. Life Insurance Mgt. Spouse: Cris



Non-Life Insurance Spouse: Nadeth



Santos, Francisco C. Architect Planning Spouse: Nen



Sy, Clarence Mitchel H. Rural Banking



Zantua, Leo Edwin C.







PP Atsushi Sasaki RC Wakayanagi, Japan



PP Kohachi Oikawa RC Ishinomaki South, Japan



PP Koukichi Onodera RC Wakayanagi, Japan



PP Hideyuki Hasebe RC Ishinomaki South, Japan



Rtn.Marilyn A. Hilario

PP Arthur Malatag







The Rotary Foundation



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End Polio Nov



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